



The Lakes
SOUTH MORANG
COLLEGE

The Lakes South Morang College Newsletter

Term 4, Week 5
Issue 18 - 2023

The Lakes South Morang College respectfully acknowledges that beneath the significant River Red Gums that feature across our school's landscape lay the traditional lands of the Wurundjeri-Willam people of the Kulin Nation.

PRINCIPAL WELCOME

BILL PANAS
COLLEGE PRINCIPAL



In 2024, I am excited to announce that our College will introduce a Learning Coach Program based on our focus of explicit learning, student goal setting and reflection. This will replace the current Home Group system. The role of the Learning Coach will primarily be to gather, interpret and communicate student academic and wellbeing data on a regular basis directly to students in order to improve their individual learning growth and achievement.

RATIONALE: WHY WE ARE MAKING THIS CHANGE?

This change is to solidify our strategic commitment to improve transparency in communications and explicitly focus on individual student growth. As per our commitment, every student in our College will be challenged to increase their annual achievement level by 12 months, in line with the updated Victorian Curriculum Standards.

LEARNING COACHES

OPTIMISE LEARNING GROWTH

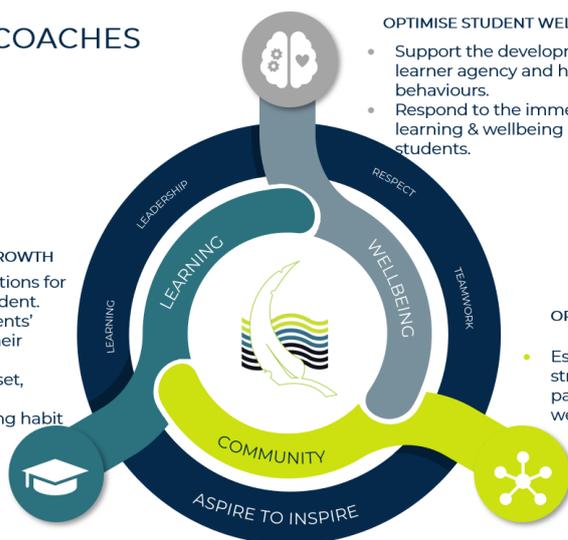
- Uphold high expectations for learning with the student.
- Strengthen the students' ability to reflect on their learning data.
- Support students to set, monitor and review academic and learning habit goals

OPTIMISE STUDENT WELLBEING

- Support the development of learner agency and help-seeking behaviours.
- Respond to the immediate learning & wellbeing needs of students.

OPTIMISE COMMUNITY PARTNERSHIPS

- Establish and maintain strong home-school partnerships in learning & wellbeing.



INSIDE THIS ISSUE

Principal Welcome	01
Student Perspective	04
Sports Scoreboard	05
College Connections	06
Primary Campus Awards	08
SRC News	09
Curriculum	10
Policy Spotlight	12
Social Scene	13
What's on @ The Lakes	14
Community Noticeboard	18

SPECIAL POINTS OF INTEREST IN THIS ISSUE:

- **Prep-Year 10 Learning Coach Program for 2024**
- **Week 4 Primary Awards**
- **Victorian Coding Challenge**
- **ICAS & Spelling Bee Results**
- **Year 3/4 Soccer Gala Day**
- **Math Learning at Home**
- **Crazy Colour Day Update!**
- **First Aid Policy at The Lakes**

Secondary Campus

80 Jardier Terrace,
South Morang 3752
(03) 9401 3919

Primary Campus

275 Gordons Road,
South Morang 3752
(03) 9400 9000

PRINCIPAL REPORT

ROLE OF THE LEARNING COACH

A Learning Coach is a **guide**, a **supporter**, and a **motivator** who helps to further stimulate learning and establish a suitable structure for the school day.

Coaching may be described as a process that aims to enhance performance and place emphasis on learning in the "now" rather than the *past* or the *uncertain future*. The primary goal of education is to impart new information and abilities to students. The primary goals of coaching are the enhancement and expansion of one's knowledge and abilities through an emphasis on learner growth. The goal of Learning Coaches at The Lakes is to support all students to have agency over their learning to enable them to grow and achieve whilst having the ongoing support of a trusted adult who is deeply knowledgeable about the student as both a person and a learner.

The successful implementation of the DET Tutor Learning Program and the Year 10 Middle Years Literacy and Numeracy Initiative are also drivers of this adaptation for changes to our operations.

The key aspect of the role will be to:

1. Gather data from a range of school-based and official DET sources in order to create a clear understanding of each learner and their ongoing needs.
2. Regularly communicate this information with students and parents/carers to enhance transparent and on time communications and feedback beyond scheduled meetings.

COLLEGE LEADERSHIP SUPPORT

The Learning Coach Program will be led by our three newly appointed Learning Specialists on both campuses. They will be supported by two Leading Teachers for Teaching & Learning and a manager for Data Achievement across the College. Additional middle managers on both campuses will be appointed to work with the Learning Coaches, support staff, students and parents/carers.

In 2023, we have contracted the highly respected educator, Dr Jane-Louise Collins from Ed Partnerships to introduce our College community to the concept of Learning Coaches and set up structures and processes that will enable us to create the vehicle that markedly improves student performance.

MEET AND GREET DAY – JANUARY 30, 2024

The Meet and Greet session will begin this journey of developing student goals and targets. Goals set will be both academic and wellbeing focussed. The Learning Coach will be the classroom teacher on the Primary Campus. On the Secondary Campus, this role will be allocated based on a system where students and teachers can develop authentic relationships based on learning advocacy needs.

This change will mean that the Learning Coaches will be the **FIRST POINT OF CONTACT** for all students, parents/carers on **ALL** student related issues including learning progress and wellbeing matters.

The expectation will be that both parents/carers and students attend the session either in person or online.

PARENT/CARER-TEACHER INTERVIEWS 2023 / STUDENT AGENCY DAYS 2024

As our College implements our goal of 'High Expectations' for all learners, we will be renaming Parent/Carer-Teacher Interviews to 'Student Agency Days'. These interviews will be data driven, with both the student and Learning Coach sharing progress on academic assessment results and work dispositions: attitude, effort, attendance/punctuality and collaboration. Students will be required to attend and lead these discussions about themselves as learners as we build genuine student agency and capacity to take ownership of their learning and educational aspirations.

SCHOOL PRIDE – WHAT WE ARE LOOKING FORWARD TO IN 2024

I am pleased to report that works continue in the refurbishment of College facilities. The Prep-Year 1 toilets are nearing completion. The Year 6 portable and the Secondary PD room has had a new air conditioning installed and new carpeting across the remainder of the learning street will be installed over the next holiday period. We are erecting new signage at the front of both Campuses, and are excited with the upcoming installation of the new synthetic basketball court on Primary. On the Secondary Campus, we are in the process of finishing our student locker upgrades and installing new fencing across Jardier Tce. Thank you to our wonderful School Councillors for their amazing volunteer work and assistance to the upgrades.



Beginning next year, our College will implement a refined protocol for School Pride focussed on professional appearance. Front office administration and PE staff will wear College uniforms, and teaching staff will adhere to a minimum dress code. Furthermore, in line with our community expectations, we will transition towards addressing our educators and school personnel by their surnames. This symbolic change serves as a symbol of our commitment to fostering a professional environment. It underscores the importance of positive working relationships between students, families and teachers while emphasising the distinction that exists between the two, reinforcing the notion that a professional and respectful relationship is paramount.

Structurally, our facility enhancements are in line with the transition to a Primary and Secondary College framework. This transition has resulted in a reduction in team-teaching and a greater emphasis on individual subject instruction. As a result, we have introduced sound-reducing partitions to foster a more conducive learning environment. Furthermore, we have championed and made substantial investments in comprehensive professional development programs for our educators and support staff, with the primary goal of promoting ongoing learner growth, engagement, and the facilitation of excellence in specialised subject areas and leadership roles throughout the College. Additionally, we have elevated our student leadership programs, designed to shape the ethos of student collaboration, amplify their voices, and empower authentic agency, setting the stage for a harmonious and purposeful learning environment.

2024 will be very exciting for our students, staff and our College. Our commitment to deliver on our four pillars: Academic Rigour, High Expectation, Positive Culture for Change and School Pride are the keys to our success and we will deliver with fidelity and purpose. Together with School Council and your important support as parents/carers, we are on this journey together!

Stay safe and enjoy the Cup weekend!



VICTORIAN CODING CHALLENGE

CADE, DUNCAN, TRE & JAGGER YEAR 5 & 6 STUDENTS

On Tuesday the 31st of October, a team of seven Year 5 and 6 students went to St Oliver's Primary School in Pascoe Vale, to compete in the second stage of the Victorian Coding Challenge for 2023.

We competed in a variety of different coding challenges against other schools. We started with a Halloween themed mathematical challenge which we did in our teams. Then we opened our laptops and completed a series of Scratch coding challenges. After lunch and a play on the playground, we used a barcode scanner to crack a code and had another Scratch challenge, called The Elevator.

*"The best part was the Scratch challenge because it had a variety of different kinds of problems, so everyone could contribute in it and it challenged my thinking of code." **CADE***

*"My favourite part was the Elevator challenge because you had to code to make it hold more people and also make it faster." **TRE***

*"I loved the yummy food, the challenges, playing in the playground and having fun with friends!" **JAGGER***

*"I enjoyed solving all the problems they gave to us." **DUNCAN***

Thankyou to Kitty and Emily for taking us to such a great experience. We hope to go again next year!





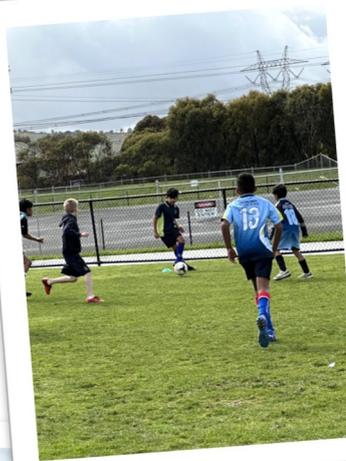
SPORT SCOREBOARD



YEAR 3 & 4 SOCCER GALA DAY

Last week 32 of our Year 3s and 4s represented The Lakes in the Bridge Inn South Soccer Gala Day. Students played well, enjoying some wins and goals along the way!

Well done and thank you to all students who offered to be a part of the fun (AND WET) day!



STRIVING FOR EXCELLENCE

ICAS ASSESSMENT 2023

During Term 3, several students from Years 2-9 completed online ICAS Assessments in the subjects of Mathematics, Science, Writing, English and Digital Technologies.

ICAS is developed by Janison, a global education technology pioneer, with over 35 years' experience in educational assessments. ICAS is designed to target students' higher-order thinking and problem-solving skills in English, Mathematics and Science. Each assessment celebrates students' accomplishments by providing opportunities for recognition

Congratulations to the following Primary students for participating in the assessments:

Ryanish, Udaybir, Zoe H, Charlotte, Brooklyn, Ryan L, Maneel R, Kathy N, Hollie F, Bertrand N, Olivia V, Yvonne Y and Tijana M.

PRIMARY ACHIEVEMENTS

The following students received distinctions, credits or merits in the following subjects. Students will receive certificates at the Week 6 Primary Campus Assembly on **Friday 10th of November**. Parents are welcome to attend.

Below is a list of students who received awards in the Primary ICAS assessments.

Science

Distinction: Kathy N and Ryan L

Credit: Maneel R

Merit: Bertrand Ng

Writing

Distinction Ryan L

English

Credit: Kathy N, Ryan L

Mathematics

Distinction: Ryan L

Credit: Bertrand Ng, Kathy N, Brooklyn Ng

Merit: Charlotte S, Maneel R

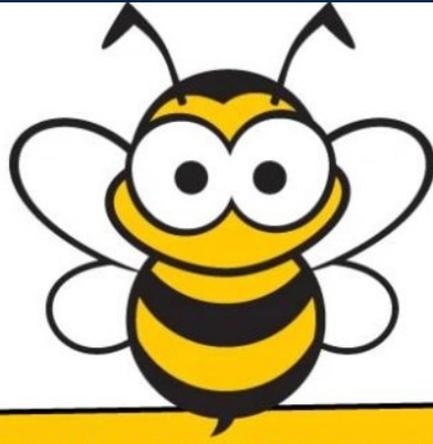
SECONDARY ACHIEVEMENTS

As part of the VIA program all students in Years 7-9 undertook the English ICAS. Congratulations to the following students who received awards in the English ICAS assessment.

Credit: Marta S Year 9

Merit: Harmony O Year 9 , Lucas K Year 8

Congratulations to all students involved. Keep up the amazing effort and keep shining!



PRIME MINISTER'S

SPELLING BEE



PRIME MINISTER'S SPELLING BEE 2023

During Term 3, students from Years 3 – 6 received the opportunity to participate in the Premier's Spelling Bee to try and win a trip to Canberra to meet the Prime Minister. 23 students completed an online spelling bee that was timed and assessed based on speed and accuracy. Well done to the students for participating in the nationwide competition.

A special congratulations to Ryan L in Year 3 who progressed to the state finals with a score of 29 out of 30. Ryan is the first Year 3 student from The Lakes to progress to National Finals and is to be commended for his study efforts during the Spelling Bee Competition.

Students from Year 3-6 who participated in the Spelling Bee include:

Audrey T, Georgina M, Ryan L, Amani B, Thomas B, Kathy N, Tinaye C, Kiara T, Neha P, Jana N, Taylah G, Saanvi C, Kian S, Angad S, Anitej S, Miriam M, Kara T, Pournami S, Tijana M, Nisa S, Duncan S, Ethen S and Thaemela S.

We wish them the best of luck in participating in the Spelling Bee in 2024. **You have 11 months to study! Good Luck!** 😊

WEEK 2 PRIMARY CAMPUS AWARDS



LEARNER OF THE WEEK



Prep A Matzu C	Prep B Tara E	Prep C Hunter B
1A April C	1B Krish P	
2A Hunter S	2B Krish N	
3A Matt B	3B Oscar S	
4A Jonah B	4B Isaac H	
5A Mason MC	5B Pheonix T	5C Diesel C
6A Sonny C	6B Ethan Z	6C Tyler B



LIFESTYLE AWARDS



	Sport	Art	STEM
Prep	Vadansh R	Dayan L	Monson PT
Year 1	Sheban T	Audrey L	Ray T
Year 2	Ariyah C	Anissa D	Sarah T
Year 3	Pranadh R	Neve L	Siena C
Year 4	Ayoal D	Harry A	Levi B
Year 5	Vishal S	Lily G	Duncan S
Year 6	Bertrand N	Thong B	Taazreet S



SAVE THE DATE



CRAZY COLOUR DAY

THURSDAY, 30TH NOVEMBER

Congratulations to everyone who has signed up and begun raising money for the upcoming Crazy Colour Run later this term! **So far we have raised**

over \$9,500.00!!

If you have not yet done so, you can sign up for a Student Profile Page at www.schoolfunrun.com.au.

We're looking for all students to participate and we're organising a great day for our community, so we'd love everyone to come down to support the kids.

The best way to share your link is to pick five people you think will donate, write a personal message to them and either call, text or email them. These initial donations will encourage others to help you!

Two days after doing this, start sharing your link far and wide. Text message is always the best way to share your link, followed by social media and lastly, email.

If you have any issues at all, please contact Jaz Hayton and we will gladly help you. If you have any questions about the Crazy Colour Day, please contact the School Fun Run Office on 1800 FUN RUN.

Thank you in advance for being a part of our Crazy Colour Day! Thanks for supporting the school and we hope to see you at the event!

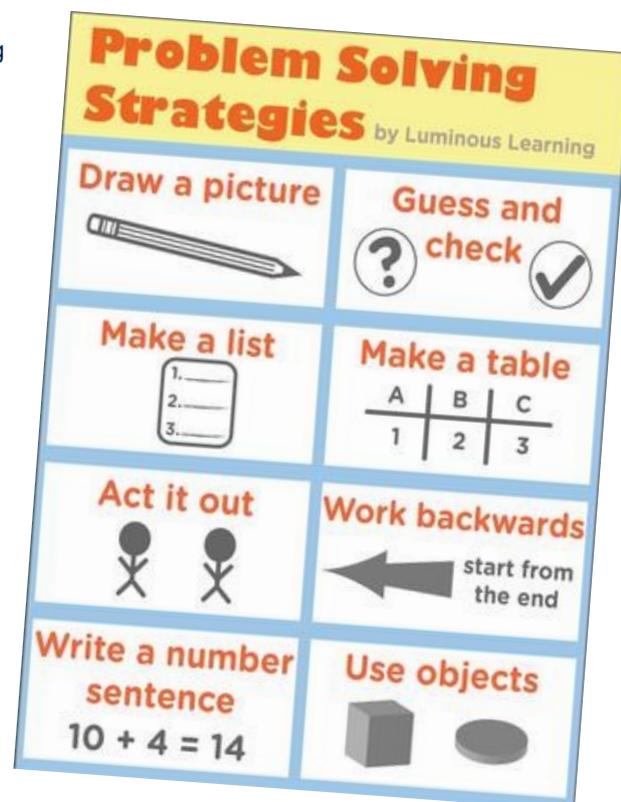


HELPING YOUR CHILD WITH MATHEMATICS AT HOME

The nature of Mathematics has changed over the years, today students are taught to understand patterns, concepts about place value and problem-solving strategies. Students are encouraged to take risks, learn from their mistakes and come up with several solutions to a problem. They are also asked to provide reasons and evidence as to why their answers are correct. Gone are the days of rote learning and drills-based maths tasks.

HOW CAN YOU HELP YOUR CHILD AT HOME?

- Expose your child to a wide variety of mathematical experiences at home such as cooking, counting objects, analysing shapes, estimating time, reading clocks, talking about the seasons, months of the year.
- Praise effort and try not to criticise errors.
- Encourage your child to show you how they worked out a problem. For example, you could ask your child, 'How did you figure that out?' or 'Is there another way to figure this out?' You could both do the same maths problem and compare how you worked out the answer.
- When shopping, observe prices, discuss rounding to the nearest dollar, ask the child to compare prices or to "get the 2 L pack or the 500 g box".
- Discuss the dollar sign \$, decimal point, % sign, ½ price sales etc.
- Encourage your child to identify coins, notes and make different amounts – e.g. What coins can we use to make \$1 for Zooper Doopers?
- Do lots of measuring (spacing seedlings 30 cm apart), estimating lengths, half a cup etc.
- Encourage your child to play Card games to learn basic number facts, monopoly, snakes and ladders, share items equally, estimate length, height and weight of objects.
- Ask about the maths topics your child is learning at school and talk about how maths can help with everyday activities.
- Support your child to practise counting by a variety of numbers to support their development of counting and times tables knowledge.
- Encourage your child to try different ways to solve maths problems, especially when they get the wrong answer. Learning maths isn't just about finding the right answer – it's also about learning different ways to solve problems.



Your feelings about maths influence how your child thinks about maths. Even if you've grown up thinking that you're not very good at maths, you can show your child that you appreciate how maths helps you to do everyday activities and things that you enjoy – for example, cooking, sports and playing card games.



FREE LITTLE ANGLERS KIT FOR YEAR 5 STUDENTS

The Victorian Government is investing \$1.5 million from the Recreational Fishing Licence Trust Fund to provide up to 95,000 Little Angler Kits to Primary school aged children in Victoria.

The free kits provide a wonderful school holiday activity for children with their families and help ease the cost of living, providing a fun activity close to home.

Year 5 students at all Victorian schools, including ours, will be offered the opportunity to receive a FREE Little Angler Kit. Year 5 students have been selected based on the Victorian Curriculum focus, movement and motor development, and safety considerations.

The program is entirely voluntary. Parents/carers of Year 5 students can advise the school if they do not wish their child/ren to participate for any reason whatsoever. We support parents/carers in making decisions that align with their family values and beliefs.

The roll out of kits will occur through the second half of 2023 (16 October - 4 December) so that all participating children will have a kit in time for the summer school holidays.

The kits include a rod, reel with line, tackle tray, some tackle and information on how to use them to catch a fish. Please note that the tackle tray includes fishing hooks. The tackle tray will be wrapped in cardboard and placed inside a pocket inside the fishing kit bag, which will be sealed with a cable tie to discourage students from opening their kits until they are with a parent or carer.

Kits will be handed out to students to take home with them as soon as the school receives them. Teachers will tell students not to open the kits until they are safely at home with a parent or carer, however parents/carers can contact the school and request to collect their kit from the school themselves if they prefer.

The Victorian Fisheries Authority will create a Little Angler hub on their website, which will be live when the kits start being distributed. It will have useful information, instructional videos and online resources about where and how to fish linking to existing resources from Fishcare and new resources to be produced just for the Little Angler Kits program.

This initiative aims to grow recreational fishing participation in Victoria by actively encouraging primary school aged children to learn how to fish, as well as learning more about marine life and the natural environment.

Please advise the office if you DO NOT wish for your child to receive the Free Little Anglers Kit.





FIRST AID

http://www.thelakes.edu.au/uploads/8/3/9/0/83901006/first_aid_policy_2022.pdf

From time to time The Lakes South Morang College staff might need to administer first aid to students at school or during school activities. Parents/carers should be aware that the goal of first aid is not to diagnose or treat a condition.

Students who are unwell should not attend school. If a student becomes unwell during the school day they may be directed to First Aid and monitored by staff. Depending on the nature of their symptoms, staff may contact parents/carers or an emergency contact person to ask them to collect the student.

If there is a situation or incident which occurs at school or during a school activity which requires first aid to be administered to a student:

- Staff who have been trained in first aid will administer first aid in accordance with their training. In an emergency situation, other staff may assist in the administration of first aid within their level of competence.
- In a medical emergency, staff may take emergency action and do not need to obtain parent/carer consent to do so. Staff may contact Triple Zero “000” for emergency medical services at any time.
- If first aid is administered for a minor injury or condition, The Lakes South Morang College will notify parents/carers by a Sentral email or phone call.
- If first aid is administered for a serious injury or condition, or in an emergency situation, school staff will attempt to contact parents/carers or emergency contacts as soon as reasonably practical.





SOCIAL SCENE



The Lakes South Morang College

The Lakes South Morang College is a vibrant learning environment. We aim to empower all students to strive for excellence and ongoing growth.
www.thelakes.edu.au

Follow us 😊



Posts About Mentions Reviews Reels **Photos** More ▾

...



WHAT'S ON @ THE LAKES

Breakfast Club on Both Campuses
Every Wednesday - 8.15am-8.45am

(Except for the first week and last week of the term)

NOVEMBER:

Wednesday 18th - 8th November	Year 12 Exams
Monday 6th	Student Free Day
Tuesday 7th	Melbourne Cup Public Holiday
Wednesday 8th	Prep Farm Excursion
Friday 10th	Last Day of Year 11 VCE Classes 2.30pm Primary Assembly
Monday 13th - Friday 16th	Year 11 Exams
Monday 13th	Year 7 - Whittlesea Tech School Staying Steady
Wednesday 15th	2024 Prep Transition - Session 1 Year 5 Melbourne Zoo Excursion
Thursday 16th	Year 12 Graduation
Monday 20th - Friday 25th	2024 Year 12 Step Up
Tuesday 21st - Wednesday 22nd	Year 10 Exams
Tuesday 21st	5.30pm School Council Meeting
Wednesday 22nd	2024 Prep Transition - Session 2
Friday 24th	Year 10 Funfields Excursion 2.30pm Primary Assembly



Now taking Enrolments

Call the office to book (03) 9404 9000



VIA Program

Veritas, Innovate, Accelerate

**YEAR 7 SCHOLARSHIP
AVAILABLE FOR 2024**

Book Now for Primary Tours on

9404 9000

for individual 2023 School Tours

Book Now for Secondary Tours on

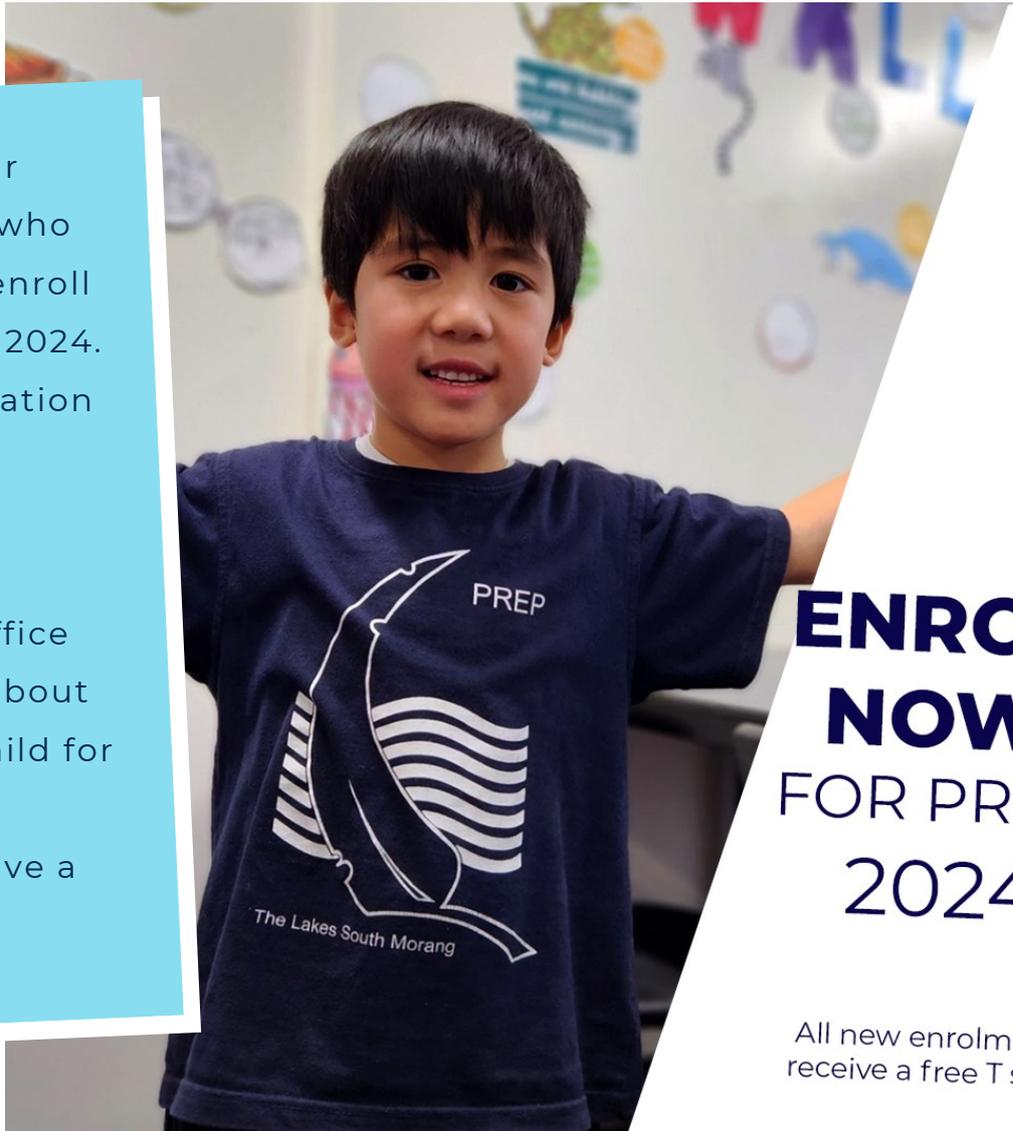
9401 3919

for individual 2023 School Tours



A reminder to our current families who are planning to enroll siblings for Prep 2024. With Prep orientation sessions fast approaching.

Please see the office for information about enrolling your child for 2024. All new enrolments receive a free T shirt!



**ENROL
NOW
FOR PREP
2024**

All new enrolments receive a free T shirt!

THE LAKES COMMUNITY FEEDBACK

PRIMARY & SECONDARY CAMPUSES

Your feedback is valued. Please use the following link to provide our College Council and Leadership Team with feedback to help make The Lakes a positive learning community for all.



WHAT'S ON @ THE LAKES

Made by, Kiara 1.4



ZOOOPER



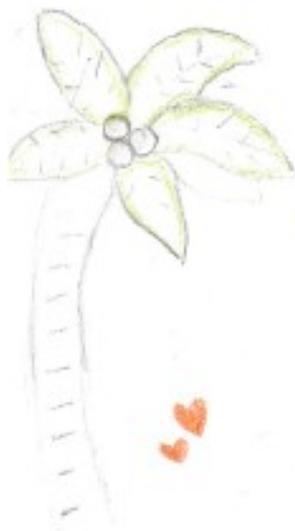
DOOPER



Fridays!



\$1 EACH!



Starting TERM 4

S.R.C STUDENTS will BE

SELLING

ZOOOPER DOOPERS

At LUNCH on FRIDAY'S!

at the Canteen!



SO GET YOUR MONEY READY!





We invite students, families and staff to contribute to a GoFundMe Page that has been established for our very own Melandre.



To contribute

to this very worthy cause we invite students and families to either make a donation on the day or donate through our GoFundMe page. <https://gofund.me/184a322c>

Melandre, currently in Year 11 and a member of The Lakes student body since Prep, was diagnosed with cancer in 2022 and has since been undergoing intensive treatment.

Out of Uniform Day

His peers are reaching out to our school community to support Melandre in his fight against cancer and invite you all to participate in an out of uniform day on **Friday November 10th**

Funds raised will go directly towards supporting Melandre.



COMMUNITY NOTICEBOARD

ATTENDANCE - EVERY DAY COUNTS

If you are aware that your child will not be attending school due to illness or other circumstances, please contact either office to ensure our attendance records are accurate.

Ways of communicating absences include:

- Placing a future Absence Request through the Parent SENTRAL Portal;
- Calling the office;
- Sending an SMS on 0427 226 537.

As required by the Department of Education, all schools must notify parents/carer informing that their child is absent. Please inform the office of absences before 10:00 am each morning.

STUDENTS LEAVING AT THE END OF 2023

If your child / children are not returning to the Lakes in 2024, please ensure that you have notified either the Primary Campus office or the Secondary Campus office.

NO HAT - NO PLAY

We will be enforcing our '**No Hat, No Play**' policy in Term 4 on the Primary Campus. Wide-brimmed hats (with the school logo), are available at the uniform shop.

STAY CONNECTED

The Sentral Parent Portal is the primary method for home-school communications at The Lakes.

We are excited to say that most families have access to the Parent Portal. The portal allows students and parents/carers to keep up to date with important information and communication.



BELONGINGS, AMBULANCE & INSURANCE

Private property brought to school by students, staff or visitors is not insured and the Department of Education does not accept any responsibility for any loss or damage.

Parents and carers are reminded that the Department of Education does not provide personal accident insurance or ambulance cover for students. Parents and carers of students who do not have student accident insurance/ ambulance cover are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/ transport and any other transport costs.

CURRICULUM CHARGES

We can see that many parents/carers have begun to make financial contributions towards the 2023 Curriculum Contributions through QKR Payments. The College is most appreciative of the continued support and commitment shown by families through their contributions.

Your financial contributions are what enables our College to operate and deliver the best possible education and support for our students. With exciting upgrades happening throughout both campuses this year including new carpets, sporting facilities, fencing, lockers and upgrades of toilet facilities, it is important that we work together to provide the best facilities for our wonderful students.

Thank you for your support and partnering with us in 2023.

Please call Karen on 9404 900 to discuss further, if you have a service or upcoming event you would like to promote through our Newsletter.



Scan the code to setup an account and select The Lakes South Morang College. Orders need to be in by 9am on the day.



Simplify your school life.

We have partnered with Flexischools, to make school lunches even easier.



- 1 Order online at anytime
- 2 Enjoy cashless convenience
- 3 Pay with Visa, Mastercard, PayPal or direct deposit

TITANS BASKETBALL

JOIN TODAY AT TITANS

Games are held on Saturdays at a range of locations in the Northern suburbs including Mill Park, Mernda, South Morang, Epping and Wollert.

Training sessions are held on Monday, Tuesday, Wednesday or Thursday after school at Plenty Parklands Primary School

**LEARN SKILLS AND HAVE FUN
JOIN THE TITANS COMMUNITY!
ALL ABILITIES WELCOME**

PLEASE CONTACT LOU POLITINI FOR REGISTRATIONS & ENQUIRIES ON
0435 059 735 OR
PRESIDENT@TITANSBASKETBALL.COM.AU
OR EMAIL CRYSTAL AFITU
SECRETARY@TITANSBASKETBALL.COM.AU

www.titansbasketball.com.au

Our Titans Community

PlayHQ

JLN plumbing pty ltd

WHITTLESEA PACERS BASKETBALL

SCAN ME

RETURN YOURSELF TO THE LIBRARY

● Library Branches
● Click & Collect Hubs
● Mobile Library Stops

YARRA PLENTY REGIONAL LIBRARY



Guiding children's growth

Newsletter

Camp Australia The Lakes South Morang College OSHC – October Newsletter



Welcome to OSHC

Dear parents

Although It was a little cold, the children enjoyed the warm sunlight and played freely with their friends at the playground. Everyone is having a safe and enjoyable time without any injuries.

Now in the middle of term 4, the children have grown intellectually, mentally, and physically, and adapting well to social life by helping each other. I am grateful to all the parents who helped me in many ways.

If you have any concerns or questions please do not hesitate to come and ask about our CA OSHC



Lego competition



Nature is beautiful



Our ongoing staffs are-Sunnie, Rasika, and Sally

Mobile NO-0409 857 705, 0427 789 937



TheHub.
3757

Term 4 2023



TUNING INTO KIDS

An emotion focussed parenting program

Tuning into Kids (TiK) is a program that provides parents and carers with skills in emotion coaching. Emotion coaching is about recognising, understanding and managing your own emotions as a caregiver as well as your children's emotions. When children develop these emotional skills they are better equipped to negotiate the ups and downs of life.

TiK is an evidence-based program; randomised controlled research trials have shown that it makes a difference to parents and children.

TiK is a **FREE** program run by Kids First that is suitable for parents with children aged 3 to 10 who reside in Whittlesea catchment.

Session dates & time

Session 1:	Friday, 13th October
Session 2:	Friday, 20th October
Session 3:	Friday, 3rd November
Session 4:	Friday, 10th November
Session 5:	Friday, 17th November
Session 6:	Friday, 24th November

10:00 am - 12:00 pm

Location

McLeans Rd Kindergarten
151 McLeans Rd, Bundoora

For all enquiries please contact

The Hub 3757 on 1300 038 401





Apply
now!

School Crossing
Supervisor positions
now available



PLAY

MILL PARK SUMMER HUB

PLAY FOOTY WITH YOUR FRIENDS AND FAMILY THROUGH
VARIOUS OFFERINGS THIS SUMMER

PLAY NAB AFL AUSKICK

- > 4 weeks \$40
- > For participants aged 5-8



PLAY AFL SUPERKICK

- > 5 weeks \$50
- > For participants aged 8-12

PLAY AFL NINES YOUTH & OPEN

- > Youth - \$65pp for participants aged 13-18
- > Open - \$100pp for participants older than 18



**THURSDAYS
STARTS NOVEMBER 2**



Auskick & Superkick



Nines



2023 School Crossing Supervisor Awards

Nomination Form



To acknowledge the contribution of the work undertaken by our school crossing supervisors, an award will be given to a school crossing supervisor selected for their commitment and dedication to the supervision of school crossings.

The staff member receiving the award should be able to demonstrate the following:

- Professional and great presentation (uniform and equipment)
- Working knowledge of road rules relating to school crossings
- Welcoming, caring, and encouraging to all users of the school crossing
- Helpful – informative and clear on correct use of the crossing
- Good attendance and punctuality.

.....
Name of nominated person: _____

School crossing number (if known): _____

Location of school crossing: _____

In 25 words or more, please tell us why you have nominated this person to receive an award for School Crossing Supervisor of the year (2023):

Your name: _____ Date: _____

Signature: _____

Please return
this form to:

Janina Chandler
City of Whittlesea, Locked Bag 1
Bundoora MDC VIC 3083

Email
school.crossing@whittlesea.vic.gov.au

Please note: Nominations close 5pm Friday 10 November 2023. All nominations will be assessed independently and in accordance with the School Crossing Supervisors Procedures. The winner will be announced at the Annual Function. The winner will be presented with a certificate and a \$100 Coles voucher.

COMMUNITY NOTICEBOARD



North East Metro Mental Health and Wellbeing Connect Call us for support on **8850 4150**

A warm and welcoming space for family, carers, and supporters of people living with mental health or substance use concerns.

Our hub site in Ivanhoe is now open:

- **Location:** Suite 3/50 Upper Heidelberg Rd, Ivanhoe
- **Phone:** 8850 4150
- **Opening hours:** Monday to Friday, 9am to 5pm

No referral or appointment is needed and there is no cost to use the service.

Families can drop in to one of our sites, or call us on **8850 4150** to make an appointment at a time that suits you.

For more information

Learn more about the North East Metro Mental Health and Wellbeing Connect at accesshc.org.au/northeast-wellbeing-connect or call us on **8850 4150**.

Visit The First Stop website at thefirststop.org.au for information on where to find support and treatment services for your family.

Our services include:

- support from a peer worker with lived experience of being a family member or carer
- information and resources
- practical support and financial assistance
- family counselling (from October 2023)
- education sessions and group programs (from November 2023).

Call us today: 8850 4150

Call us for support (Monday - Friday, 9am - 5pm) or drop into one of our sites during opening hours.

Ivanhoe Hub:

Suite 3/50 Upper Heidelberg Rd, Ivanhoe
Monday - Friday 9am - 5pm

Lilydale - Inspiro Community Health

5/9 Clarke St, Lilydale
Mondays 10am - 12pm

Ashburton - Access Health and Community

4 Y Street, Ashburton
Wednesdays 12pm - 2pm

Eltham - healthAbility

917 Main Road, Eltham
Fridays 10am - 12:30pm



Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:



(07) 3735 3351



cadrp@griffith.edu.au



griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council



Queensland, Australia

GU Ref No: 2019/146





MyTime Mill Park

Fridays Fortnightly
9.30am - 12 noon
Unwind and
share experiences
with others who
understand

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:

Mill Park Drive Children's Centre
152 Mill Park Drive, Mill Park

CONTACT:

Karen Allen - Facilitator
karena@mytimevic.com.au
Mobile: 0411 523 187





MyTime term plan

mytime.net.au

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
Fridays, Fortnightly		*Activites may vary depending on group interest and abilities
6 October 2023	Welcome back Guest Speaker from Carer Gateway	Outside Fun
20 October 2023	Coffee and chat	Shaving cream sensory play
3 November 2023	Guest Speaker from Association for children with a disability.	Trains, planes and blocks – let's play
17 November 2023	Happy eaters – Meal tips and recipe exchange	Fun with bubbles
1 December 2023	Special Event	Special Event

MyTime is a place to socialise, discuss, get information, support and be supported by other parents and carers.

This may be by discussing members' experiences, from research or guest speakers.

Limited places available.

To enrol please contact Karen
Ph: 0411 523 187
Email: karena@mytimevic.com.au



It's support
for you



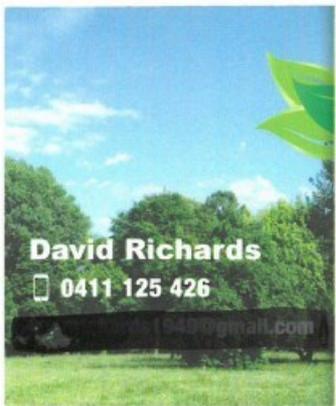
It's free to
join



Professional
support



Pre-school aged
children are welcome



**David's
Trees**
ABN 25 624 663 594

- 25 years Experience
- Fully Insured
- Tree & Stump Removals
- Mulching Services
- Pensioner Discount

David Richards
0411 125 426
d.richards@gmail.com



The Best Summer Job



JOIN THE FUNFIELDS FAMILY
EXCITING ROLES AVAILABLE:

- Ride Attendants & Operators
- Lifeguards
- Food & Beverage Staff
- Office & Ticketing Staff

Introducing New Flexible Working Hours



Applications Open Aug 22. Apply Online:
<https://www.funfields.com.au/employment>

We are always looking to build new or foster current connections within our community!

Please call Karen on 9404 900 to discuss further, if you have a service or upcoming event you would like to promote through our Newsletter.

To thrive, children need a safe and supportive environment at school, at home and in the broader community; no exceptions. At The Lakes South Morang College, we believe meeting the physical and emotional needs of our students is paramount in laying the foundations for a fulfilling future. We pledge to provide an environment that has zero tolerance to child abuse and will strive to work in partnership with our parents and community members to keep our students safe every day, in every way.

The Lakes South Morang College Child Safety Statement

PRIMARY CAMPUS: Telephone: 9404 9000 • 275 Gordons Road South Morang 3752

SECONDARY CAMPUS: Telephone: 9401 3919 • 80 Jardier Terrace South Morang 3752

ABN 52 938 171 499 • PO Box 207 South Morang 3752 • lakes.south.morang.co@education.vic.gov.au