



**The Lakes**  
SOUTH MORANG  
COLLEGE

# The Lakes South Morang College Newsletter

Term 3, Week 2  
Issue 12 - 2022

*The Lakes South Morang College respectfully acknowledges that beneath the significant River Red Gums that feature across our school's landscape lay the traditional lands of the Wurundjeri-Willam people of the Kulin Nation.*

*The Lakes South Morang College pledges to provide an environment that has zero tolerance to child abuse and strive to work in partnership with our parents/carers and community members to keep our students safe every day, in every way.*

## PRINCIPAL REPORT

**BILL PANAS**  
ACTING  
COLLEGE  
PRINCIPAL



TERM 3, 2022  
WEEK 2  
COLLEGE PRINCIPAL  
REPORT



I hope you have enjoyed your week though it's a bit on the cool side? The first week at school is always a bit more complex as we adjust to routine, organising children for school, transport and so on... The College continues to manage the impact of extensive illnesses from influenza and Covid-19 yet I see students and staff at school with smiles, positivity and energy to begin the term. Last week we averaged between 60-90 absent students per day so I have reminded teachers to factor in significant student absence in planning for classes and assessments. Some staff have realigned work on Teams for students as the key form of communication in their effort to engage students. Please remind your child to work through this platform when absent from school. The Health Department has strongly recommended that you consider wearing face masks at school without making it compulsory. We have ample masks and RATs available. Correspondence was sent home via Sentral during the week. A reminder that if someone in your household has Covid-19 siblings who attend school must wear a mask. I would like to thank our families for their efforts in effectively communicating with the school and providing regular updates and medical certificates for absences. Our front office team has similarly done an outstanding job as the main conduit between teachers and families. In staffing news, I am pleased to report that we have fully staffed all of our programs for semester 2. This includes initiatives including the tutor program, early years swimming, the 3-4 & 5-6 camps, city experience in year 9 and a range of interschool sports. Kane, our resident gardener is planning a return to work on a part time basis beginning at the start of August. This is wonderful news for our community and we look forward to his return. Our new Careers teacher Patricia is settling in beautifully and adjusting to Lakes life, building relationships and taking Connect classes.

## INSIDE THIS ISSUE

Principal Report	1
Student Perspective	3
Curriculum Connections	4
Policy Spotlight	5
Primary Campus Awards	6
What's on @ The Lakes	7
Community Connections	8

## SPECIAL POINTS OF INTEREST

- How you might value-add using our values
- How can you help build your child's numeracy?
- Yard Duty and Supervision

### Secondary Campus

80 Jardier Terrace, South  
Morang 3752  
(03) 9401 3919

### Primary Campus

275 Gordons Road, South  
Morang 3752  
(03) 9400 9000

## **PRINCIPAL REPORT**

On the sporting front, the year 6 girls netball team are playing in the year 6 divisional finals after Marymede College pulled out of the district final. This is a great achievement and we wish the team well in the next stage beginning next Tuesday. Congratulations to the coach Emily, and to Alex the sports convenor for leading the charge. Please continue our commitment to build school pride by sharing student achievement news with the college throughout next semester and we will continue to highlight our spectacular students and their successes. On secondary, our Student Managers and their teams are launching their Student Innovation Project this Wednesday. We are really excited to see what this project will unveil, particularly in terms of student leadership, voice and agency and how a student led evaluation can impact changes in learning to reflect their passions, learning styles and initiatives they see as important to students in our college. Thank you to the peer support leaders in year 7 through to year 10 for leading the charge.

After we extended an open invitation, Bonnie and I met with the leadership team from Mill Park SC to discuss:

1. opportunities that unlock the timetable for subject selection for Lakes students at MPSC without needing to transfer and enrol full time.
2. facilities and resource sharing – programs/classes, networks and moderation of work

With our efforts to improve our communications and partnership at the senior end, they will be checking off subjects and not taking our students who would be able to stay with us where we offer their preferred subjects in 2023. Once both schools have first round subject tallies for 2023 (expected to be completed in a fortnight), we will re-convene to assess and create a small list of subjects that can be offered to year 11 students across both colleges. The aim is to run cross-college subjects in both schools next year. After that we would need to resource timetables, etc... This will articulate the message through our community that you can be enrolled at The Lakes and choose a senior subject from MPSC.

On the facilities front, we are still looking at various painting options for the College, have the external secondary fence to complete this term, we are still waiting for Future Sails to begin our Shade Sails build on both campuses, are awaiting DET approval to install the vape detectors on the secondary campus and have installed the additional door in the COLA on the secondary campus.

Marcus and Bonnie continue to work hard to lead and build enthusiasm in our school programs, run weekly tours and impact our intent to improve community connections. At this stage, we have 708 students enrolled in our college. We have 25 students enrolled for Prep next year which is about 10 more than the similar time in 2021, 65 in year 7 with approximately 8-10 prospective from other primary schools. Across our region, schools are reporting a down turn in numbers. We are working hard to build them. As a whole school community, we need to maintain a high level of professional conduct and positivity and vehemently protect and promote our college and therefore, our students at all times.

If you would like to pass on any ideas, concerns or achievements please drop me an email or send one through to our School Council President @ [Amanda.Farrally@education.vic.gov.au](mailto:Amanda.Farrally@education.vic.gov.au) The School Council is always on the look out for "Hot Topics" which forms a key plank for discussion in our meetings twice per term.

I hope you checked out my video message this week. We are committed to expanding our communications to engage as much of our school community across a range of platforms.

Stay warm and have a nice weekend!





## SCHOOL CAPTAIN REPORT

JAKOB AND ANGELA SECONDARY CAPTAINS



TERM 3, 2022  
WEEK 2  
SCHOOL CAPTAINS  
REPORT

SCAN ME



## HOW MIGHT YOU VALUE-ADD USING OUR VALUES

### WELLBEING

The Lakes values are deeply embedded across the College and connect not only our approach to learning, but to the nature of relationships that are established, nurtured and maintained across the school and broader community.

**Teamwork:** inclusion, contribution, collaboration, fair play.

**Respect:** considerate and caring towards yourself, others and the environment.

**Leadership:** taking risks, trying new things, contributing to something bigger than yourself.

**Learning:** trying hard and doing your best, productive use of time and goal setting for future progress.

### Might these be something that you could incorporate into your language and interactions at home?

Here are a few suggestions that you might like to try...

- When asking your child about their school day, ask them in what ways were they able to demonstrate the school values.
- If an issue arises at home, try to use incorporate the values into finding a resolution.
- If you notice your child demonstrating these values at home or in the community, acknowledge and celebrate this.
- You might also like to develop your own set of values that are important and relevant to your family.



Visit <http://www.raisingchildren.net.au> for some great tips on how to build positive relationships within your family.

## HOW CAN YOU HELP BUILD YOUR CHILD'S NUMERACY?

Parents and carers play a significant role in their child's learning by setting expectations, nurturing curiosity, and encouraging a love of learning.

You can help build your child's numeracy through doing the following:

- be positive about their numeracy experiences and praise effort and perseverance
- let your child know that everyone can be successful
- involve your child in numeracy-related activities
- describe what you are doing in situations that involve numeracy
- explain why you make certain numeracy choices
- learn alongside your child and encourage a sharing of numeracy ideas and thoughts

**Helping children to become numerate does not need a high level of mathematics.**

**It means:**

- encouraging children to try, then keep trying
- encouraging children to think (reason)
- modelling numeracy with children (including interpreting data, charts and diagrams)
- talking aloud when solving problems (every day or mathematical)
- getting children to check their answers (Does this answer make sense?)
- encouraging children to help with
- cooking (especially measuring out ingredients)
- paying bills
- scheduling events in the day
- reading maps and giving directions
- shopping
- measuring
- do not say "Maths is hard"

**To focus on your child's problem-solving approaches and their reasoning:**

- Ask questions and give instructions like:

**"What do you already know about this problem/question?"**

**"How might you work it out?"**

**"Explain why you think that is the answer?"**

- Do not focus only on the correct response, the process/approach is important
- Allow your child to experience some confusion. It is an essential aspect of the learning process.





## YARD DUTY AND SUPERVISION

Policy—[http://www.thelakes.edu.au/uploads/8/3/9/0/83901006/yard\\_duty\\_and\\_supervision\\_policy\\_2022.pdf](http://www.thelakes.edu.au/uploads/8/3/9/0/83901006/yard_duty_and_supervision_policy_2022.pdf)

Before and after school The Lakes South Morang College's grounds are supervised by College staff from 8:45am until 3:30pm. Outside of these hours, College staff will not be available to supervise students.

### **The areas that are supervised before and after school include:**

Primary Campus: Gordon's Road and The Lakes Boulevard entrances.

Secondary Campus: Gordon's Road and Jardier Terrace entrances.



Families will be encouraged to contact Camp Australia 1300 105 343, or via <http://www.thelakes.edu.au/out-of-hours-care.html> for more information about the before and after school care facilities available to our Primary Campus community.

Policies are available to all families via the the Sentral Portal (under Resources) or via our website <http://www.thelakes.edu.au/policies--reports.html>

# PRIMARY CAMPUS AWARDS



## LEARNER OF THE WEEK



Prep A <b>Evenlyn K</b>	Prep B <b>Krish P</b>
1A <b>Max P</b>	1B <b>Arjun B</b>
2A <b>Aleks P</b>	2B <b>Emma D</b>
3A <b>Kyle W</b>	3B <b>Hudson U</b>



## LIFESTYLE AWARDS



	Sports	Music	Art
Prep	<b>Chelsea J</b>	<b>Rhyder T</b>	<b>Alisha H</b>
Year 1	<b>Anissa D</b>	<b>Ariyah C</b>	<b>Daniella T</b>
Year 2	<b>Keira F</b>	<b>Ryan L</b>	<b>Elise S</b>
Year 3	<b>Georgina M</b>	<b>Miah MT</b>	<b>Thomas B</b>

## NEXT ASSEMBLY DATES:

**Year 4-6:** Friday 29th July

**Prep-3:** Friday 5th August

# WHAT'S ON @ THE LAKES



**Breakfast Club on Both Campuses  
Every Tuesday & Thursday - 8.15am**

*(Except for the first week and last week of the term)*

## JULY:

Wednesday 27<sup>th</sup> **Secondary Parent Teacher Interviews 3.30-8pm**

## AUGUST:

Wednesday 3<sup>rd</sup> **Curriculum Day**

Thursday 4<sup>th</sup> **"100 Day of School" Prep Celebration**

Wednesday 10<sup>th</sup> —  
Friday 12<sup>th</sup> **Year 5 /6 ADANAC CYC Camp**

Wednesday 10<sup>th</sup> **Year 3 Democracy and Me Incursion**

Thursday 11<sup>th</sup> **Year 7 Basketball**

Tuesday 16<sup>th</sup> **Primary District Athletics**

Tuesday 23<sup>rd</sup>—  
Tuesday 30<sup>th</sup> **Book Fair in the Primary Campus Staff Room**

Thursday 25<sup>th</sup> **Primary Campus Book Week Dress Up**

## SEPTEMBER:

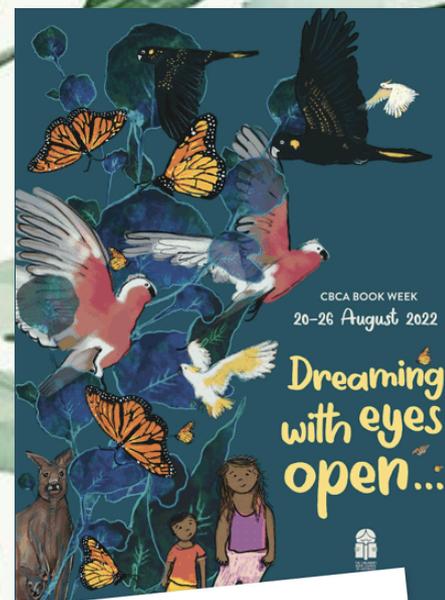
Thursday 1<sup>st</sup> **Curriculum Day**

Wednesday 7<sup>th</sup> **Year 4 Immigration Museum**

Tuesday 13<sup>th</sup> **Primary Campus—Parent Teacher Interviews**

Wednesday 14<sup>th</sup> **Year 2 Push, Pull and Motion Incursion**

Friday 16<sup>th</sup> **Last Day of Term 3—1:15pm finish**



**Book Fair on Primary**

August 24 - 30<sup>th</sup>

**BOOK WEEK  
DRESS UP DAY**

Thursday 25<sup>th</sup> August

More information  
to come



# Now taking Enrolments

School Tours available upon request  
 Call the office to book (03) 9404 9000

Visit our website for information about our programs and facilities [www.thelakes.edu.au](http://www.thelakes.edu.au)



**The Lakes South Morang College Primary Campus**  
 275 Gordons Road, South Morang 3752 ☎ 03 9401 9000 🌐 [www.thelakes.edu.au](http://www.thelakes.edu.au)

## PREP 2023

Have you enrolled for Prep for 2023?

We are currently in the process of accepting new enrolments for 2023. We advise all existing families and community members who may be interested in attending our school, to submit enrolment forms as soon as possible.

Book Now for Primary Tours on  
**9404 9000**  
 for individual 2023 School Tours



### Parents Building Solutions

Are you tired of yelling?  
 Want to understand why children behave the way they do?  
 Do you want to discuss and share ideas that work?  
 This 6 week parenting programme helps you come up with solutions to common parenting challenges.

**DATE:** Thursday 11th August-15th September 2022 (6 weeks)  
**TIME:** 7.00pm-8.30pm  
**WHERE:** Online via Zoom  
**COST:** This session is free of charge but registration is essential

For enquiries and bookings contact:  
 ParentZone on 03 8641 8900 or email:  
[parentzone.northern@anglicarevic.org.au](mailto:parentzone.northern@anglicarevic.org.au)



**PARENTZONE**

[anglicarevic.org.au](http://anglicarevic.org.au)

BETTER TOMORROWS



## UNDERSTANDING SLEEP HYGIENE

### COMMUNITY INFORMATION WEBINAR

headspace Greensborough, in partnership with Austin Health Youth Engagement and Treatment Team Initiative (YETTI), will be delivering an information webinar for parents/carers and members of the community.

Sleep is essential for young people to feel their best and do their best, but many young people get far less sleep than they need. This information session, run by experienced Youth Mental Health Clinicians, aims to explore why many young people don't get enough good quality sleep and will explore practical sleep hygiene tailored for young people.

**Who can attend:** Current family and friends of YETTI and headspace Greensborough clients, as well as any other members of the local community  
**When and where:** 4 August 2022 5:30pm-6:30pm via Zoom  
**RSVP:** [Register here via Eventbrite \(tinyurl.com/mr3y855k\)](https://tinyurl.com/mr3y855k)  
**Cost:** Free!

For more information, please call headspace Greensborough on (03) 9433 7200

Book Now for Secondary Tours on  
**9401 3919**  
 for individual 2023 School Tours




**MENTAL HEALTH WELLNESS HUB**  
10 YARRA ST, SOUTH YARRA VIC 3141

**Confidential psychological support is available in-person or tele-health**

[Book an appointment](#)



1300 643 287 WELLNESS.HUB@MHFA.ORG.AU MHFA.ORG.AU



*Fostering inner strength and resilience*  
*Serving the Community since 1930*

Depressed? Angry? Lonely?  
Overwhelmed? Feeling Helpless?  
Feeling Anxious? No one to talk to?

**Book an Appointment**  
From 1st of June 2022 | Affordable Pricing  
*\*GP Referral Required*



MHFA Integrated Wellness Hub  
Scan the QR Code or visit our website [www.mhfa.org.au](http://www.mhfa.org.au) to find out more details about our services

MHFA.ORG.AU 1300 643 287 WELLNESS.HUB@MHFA.ORG.AU



**MHFA Integrated Wellness Hub**  
10 Yarra Street, South Yarra VIC 3141

**OPEN NOW**



**Make an appointment**

Affordable fees apply to face-to-face and telehealth individual therapy sessions for people of all ages. Individual sessions are 50 minutes. Affordable fees are applied: \$20 per session.

**BOOK NOW**  
1300 643 287 or  
[wellness.hub@mhfa.org.au](mailto:wellness.hub@mhfa.org.au)

1300 643 287 WELLNESS.HUB@MHFA.ORG.AU MHFA.ORG.AU



**MHFA Integrated Wellness Hub**  
10 Yarra Street, South Yarra VIC 3141

**OPEN NOW**



*Referral: Individuals need a GP referral to access the MHFA Wellness Hub services.*

**Psychosocial services**

At the MHFA Integrated Wellness Hub, we offer individual psychosocial support and treatment for individuals of all ages experiencing mental health issues, associated symptoms and personal distress. Our wellness wheel concept also includes access to practical lifestyle support services.

Treatment is evidence-based and all clinicians are supervised by senior psychologists.

- Adjustment disorder
- Depression and depressive disorders
- Anxiety disorders
- Bipolar disorders
- Schizophrenia
- Obsessive Compulsive Disorder
- Behavioral Issues
- Acute Stress Disorder
- Neurodevelopmental disorders
- Post-traumatic stress disorder
- Psychological assessments
- Support groups

**To book an appointment** 1300 643 287 WELLNESS.HUB@MHFA.ORG.AU MHFA.ORG.AU

We are always looking to build new or foster current connections within our community!  
Please call Karen on 9404 900 to discuss further, if you have a service or upcoming event you would like to promote through our Newsletter.



# BERRY STREET

## Tuning in to Teens Emotionally Intelligent Parenting

A free six-session interactive online parenting program for parents or carers of adolescents

Would you like to learn how to:

- be better at talking with your teen?
- be better at understanding your teen?
- help your teen learn to manage their emotions?
- help to prevent behaviour problems in your teen?
- teach your teen to deal with conflict?

Feedback from previous participants:

- "This program was complete and helpful"
- "I understand my teen's emotions better"
- "Overall our house is calmer and there are less explosive emotions"
- "My teen and I are talking more and arguing less!"
- "I feel happier as a parent"

*Tuning in to Teens* shows you how to help your teen develop *emotional intelligence*. Adolescents with higher emotional intelligence:

- are more resilient - this means change and stress are easier to deal with
- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success - Emotional intelligence may be a better predictor of academic and career success than IQ!

\*\* To be eligible to participate in this program, you must reside in Banyule, Nillumbik, Darebin, Yarra or Whittlesea.

Where: Online via video call (Zoom)

When: Wednesdays 11am – 1pm, from 10<sup>th</sup> August – 14<sup>th</sup> September

Contact: Candice (0417 047 426) or Ella (0429 097 979) from Family Services

**National Tree Day**

**Sunday 31 July**  
**12pm-4pm**

**Norris Bank Reserve,  
McLeans Rd Bundoora**

**FREE EVENT**

- Tree planting
- Wild Action Zoo
- Art and craft activities
- BBQ, coffee and so much more!

whittlesea.vic.gov.au/events

City of Whittlesea

national tree day

To thrive, children need a safe and supportive environment at school, at home and in the broader community; no exceptions. At The Lakes South Morang College, we believe meeting the physical and emotional needs of our students is paramount in laying the foundations for a fulfilling future. We pledge to provide an environment that has zero tolerance to child abuse and will strive to work in partnership with our parents and community members to keep our students safe every day, in every way.

### The Lakes South Morang College Child Safety Statement

**PRIMARY CAMPUS:** Telephone: 9404 9000 • 275 Gordons Road South Morang 3752

**SECONDARY CAMPUS:** Telephone: 9401 3919 • 80 Jardier Terrace South Morang 3752

ABN 52 938 171 499 • PO Box 207 South Morang 3752 • lakes.south.morang.co@education.vic.gov.au