



# THE LAKES SOUTH MORANG P-9 SCHOOL

## SUNSMART Policy

### **Rationale**

Australia has the highest incidence of skin cancer in the world with two out of three Australians developing some form of skin cancer during their lifetime. Exposure to ultraviolet radiation is a major contributory factor in the development of skin cancer. Our SunSmart policy has been developed to ensure that all students and staff attending The Lakes South Morang P-9 School are protected from skin damage caused by the harmful ultraviolet rays of the sun.

Implementation:

### **Curriculum**

- Regularly reinforce SunSmart behaviour in a positive way through EY assemblies, newsletters, parent meetings, student and teacher activities.
- Ensure the Sun Smart policy is considered when planning outdoor events (i.e. camps, excursions, sporting events).
- Incorporate programs on skin cancer prevention into the Health curriculum in Middle Years and incidentally through appropriate units of work in Early Years to raise student awareness to the dangers of over-exposure to the sun.
- Interschool sport to be played before midday in term one and four.
- Where possible, outdoor activities are conducted outside peak UV times, held under cover and the expectation that appropriate clothing & head wear is encouraged

### **Behaviour**

- NO HAT NO PLAY rule- Students without a hat are to stay within specified shaded areas (Early Years)
- Students will be required to wear school approved hats during terms one and four whenever they are outdoors. (Early Years)
- Students without appropriate sun protective clothing are encouraged to stay in specified shaded areas. (Middle Years)
- Staff and parents to expected to act as role models by practising Sun Smart behaviour. Protective clothing, hats and sunscreen should be worn during high risk times such as lunch times, sports, camps and excursions.
- Anti-Cancer Council and SunSmart will be contacted annually by the Health and P.E Domain representative to obtain up-to-date information and advice.

### **Environment**

- The design of the school uniform provides good protection from the sun, eg, shirts with collars, longer sleeves.
- The application of SPF 30+ sunscreen is encouraged for staff and students whenever they go outside
- Undercover, shaded areas are accessible throughout the school to provide shade.
- High traffic areas such as the canteen are protected with adequate shading.

### **Evaluation**

This policy is to be reviewed each year by the Health and Physical Education Domain as part of the school's annual evaluation procedures. Review the SunSmart behaviour of students, staff, parents and visitors and make recommendations for improvement. Assess shade provision and usage and make recommendations to the Buildings and Grounds Sub Committee of School Council. Update and promote curriculum material relevant to Sun Smart activities.

This policy was ratified by School Council November 18<sup>th</sup> 2008