

# THE LAKES CANTEEN MENU FOR 2010

## SANDWICH AND SALAD BAR

Ham or Chicken	\$2.50
Salad (lettuce, tomato, cucumber, carrot and cheese)	\$2.50
Ham & Salad	\$4.50
Chicken & Salad	\$4.50
Tuna & Salad	\$3.50
Vegemite or Raspberry Jam	\$2.00
Cheese	\$2.00
Cheese & Tomato	\$2.50
Ham/Chicken or Tuna, Cheese & Tomato	\$4.00
Wrap	60c
Roll	60c
Pineapple	\$1.00
Garden Salad	Small \$3.00 Large \$4.00
Chicken Salad	Small \$3.50 Large \$4.50

## HOT MEALS

Monday to Friday main meals vary

\$3.00 Small or \$4.00 Large



## HOT FOOD

Hot Dog	\$3.00
Chicken Royale	\$2.00
Hash Brown Triangle	60c
Nachos - Cheese / Chili	\$4.00
Wedges - Cheese / Chili Sauce	\$4.00
Dim Sims	90c
Meat Pie *	\$3.00
Large Sausage Roll*	\$3.00
Pasties*	\$3.00
Party Pie*	\$1.20
Party Sausage Roll*	\$1.20
Potato Gems small	\$2.50
Pizza Slabs (Hawaiian or Margarita)	\$2.80
Lasagna	\$4.00
Macaroni Cheese	\$4.00
Spaghetti	\$4.00

## BURGERS/ROLLS

Home-style Beef Burger (Lettuce, Tomato, Cheese & Tomato Sauce)	\$4.00
Home-style Chicken Burger (Lettuce, Cheese & Mayo)	\$4.00
Chicken Schnitzel Burger/ (Lettuce, Cheese & Mayo)	\$4.00
Chicken Royale Roll (Lettuce & Mayo)	\$4.00
Sweet Chili Chicken Roll (Lettuce, Cheese, Tomato & Sweet Chili Sauce)	\$4.00
Mediterranean Lamb Roll	\$4.00

## WRAPS AND MUFFINS AND SUBS

Egg and Bacon Muffin	\$3.50
Sweet Chili Chicken Wrap	\$4.00
Hot Chicken Roll	\$4.00
Chicken Schnitzel Melt	\$4.00
Meatball Sub	\$4.00

## SOUPS

Fantastic Noodles (Chicken or Beef)	\$2.80
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## SNACKS

Fruit Salad	starting from \$1.50
Tiny Teddies	5c each
Assorted Slices**	From \$1.00
Truffles	\$1.00
Crackers	10c
Cookies	60c
Cheese	10c
Carrot and Cucumber Sticks	\$2.00
Ice cream/ Icy Pole	RRP
Popcorn	\$1.00
JJ Snack	\$1.00
Mousse	\$2.00
Yoghurt	\$2.00
Cracker Snack Box (crackers, cheese, carrots and dip)	\$2.00
Fruit	seasonal
Jelly Minis	60c
Jelly with Fruit	\$1.20



Please let the canteen know of any allergies. We can also cater for gluten free, however please notify the canteen prior to ordering.

## DRINKS

Water 600ml	\$2.00
Water 350ml	\$1.50
Big M 250ml	\$2.20
Big M 500ml	\$3.70
Juice 300ml	\$2.60
Juice Tetra	\$2.00
Up & Go	\$2.50
Milkshakes (Blue heaven, Chocolate, Banana, Strawberry, Honeycomb, Caramel, Vanilla & Lime)	\$2.50
Thick shake	\$2.80
ReNu	\$2.50

Prices are subject to change and include GST.